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Stone Soup

What you need:

1 large kettle of water 1 carefully selected clean stone various vegetables contributed by the "somewhat reluctant villagers" herbs and seasonings bouillon or soup stock

What to do:

noodles

- 1. Add enough water or stock to a kettle so that there will be enough soup for each student.
- 2. Add the stone.
- 3. Place pot on the stove and turn on high heat to bring to a boil.
- 4. Add bouillon when water boils. Add seasonings.
- 5. Gather a variety of vegetables from the garden. The available vegetables will depend upon the season of the year that you are making the soup.
 - onions Swiss chard cabbage squash Jerusalem artichokes beans

leeks broccoli beets pumpkins celery bell peppers

greens--mustard, collard, cabbage cauliflower carrots potatoes tomatoes garlic

- 6. Wash the vegetables.
- 7. Slice all vegetables into small pieces. Remember knife safety!
- 8. Add vegetables to the soup and bring to a boil.
- 9. Add noodles, cook for 10 minutes or until tender.

Read Stone Soup by Marcia Brown

Have students dramatize the story as they make the soup.



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