



Blind-Trust Walk on the Farm

This is a partner blindfolded senses walk on the Farm. You and a partner will take turns wearing a blindfold and being lead around the Farm. You will be using your sense of SOUND, TOUCH, SMELL, and TASTE but NOT SIGHT.

This is a TRUST walk because the blindfolded partner must trust the sighted partner to carefully and responsibly guide them around the Farm

Rules for Sighted Guides:

1. Walk s l o w l y holding your partner's upper arm and elbow as you guide them.
2. Give your partner verbal directions and descriptions of the path in front of you as you walk, i.e. "There's some mud ahead. We have to walk through it." OR "I'm opening the gate so that we can walk into the poultry yard." OR "We are coming to a step, step up now."
3. Keep your partner SAFE!
4. Stay with your partner at all times. Never leave your partner ALONE!
5. Follow the written walk directions leading your partner through the activities.
6. Have FUN!



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Walk Directions:

1. Walk to the poultry yard. Go to the turkey pen. LISTEN to the turkeys. What other sounds do you hear? SMELL the air.
 2. Go to the rabbit house. SMELL the air inside. FEEL a rabbit's fur. Dig up a worm from under the rabbit cages for your partner to HOLD.
 3. Go to the herb garden (along the front and side of the greenhouse). Move your partner's hand to an herb, like pineapple salvia, lavender, scented geranium, or rosemary. Tell them to rub the leaves gently then SMELL their fingers.
 4. Find a feather for your partner to FEEL.
 5. LISTEN to the horse and pony. SMELL the air near their pens.
 6. Go to the greenhouse. Choose a plant. FEEL its stem, leaves, flowers, and soil. FEEL the temperature change from the outside air.
 7. Go to the garden. Pick a lettuce, swiss chard, or cabbage leaf for your partner to TASTE.
 8. Go to the little ponds. Help your partner carefully kneel down and FEEL the pond water. LISTEN to any ducks or geese that might be there.
 9. Stand at the top of the waterfall hill. Have your partner turn around until their face FEELS the wind.
 10. LISTEN to the pygmy goats.
- ★ Take your partner to a MYSTERY PLACE on the Farm. Have your partner GUESS where they are by LISTENING, SMELLING, and FEELING.
Where is your mystery place? _____